



Healing Arts Schedule



All classes are free and at the Healing Arts Village unless otherwise noted.

Thursday July 22, 2010

7-8pm AA meeting



Friday July 23, 2010

8-9:45am Open Floor Yoga (Dance Tent)

*Jeff Tiebout

9:50-10:50am Teacher Led Yoga

*Jeff Tiebout

11am-12pm Tai Chi

*Alan Armstrong

1-2 pm Non Violent Communication

*Kristen Reynolds

2-3pm Shiva and the History of Tantra

*Aaron Staengl

3:30-4:30pm Rituals for Revolution discussion (Imagination Tent)

*Charles Einstein

4:30-5:30pm Sacred Hula Dance

*Ilima Ursomarso

5:30-6:30pm Crystals-The Basics

*Kate McKiernan

6:30-7:30pm Auricular Detox Acupuncture Session

*Victoria Taylor

7:30-8:30pm AA Meeting

Saturday July 24, 2010

7-8:45am Open Floor for Yoga (dance tent)

*Jeff Tiebout

8:50-9:50am Teacher Led Yoga (dance tent)

* Jeff Tiebout

9-10am Meditation

*Parvati

10-11am Yoga (Global Village)

*R.I.S.E.

11-12pm Zhong Ding/ Central Equilibrium

*Greg Johnston

12-1pm Seated Thai Yoga Massage Techniques

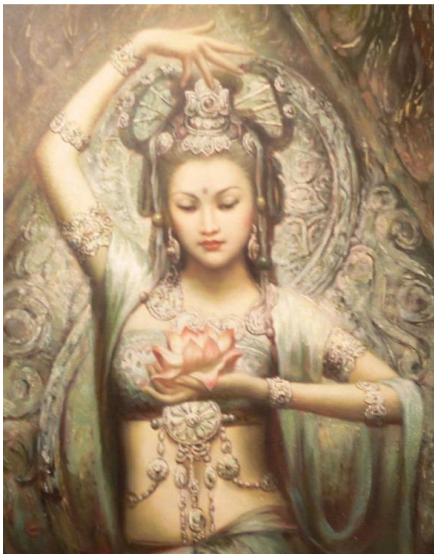
*Gregg Steinberger

1-2pm Ayurveda, fundamentals of Vata, Pitta, Kapha

*Aaron Staengl

2-3pm Inward Bound Mindfulness (imagination tent)

*Joe Klein



3-4pm Tai Chi

*Alan Armstrong

4-5pm Laughter Yoga

*Tod Whitehurst and friends

5-6pm Chi Gong (imagination stage)

*Jason Murphy

6-7pm Auricular Detox Acupuncture Session

*Victoria Taylor

7-8pm AA Meeting





Sunday July 25, 2010

7:30-9:15am Open Floor Yoga (dance tent)

***Jeff Tiebout**

9:30-10:30am Jivamukti Breath Centered Hatha Yoga (dance tent)

***Jeremiah Brimlow**

10:30am-12pm Kirtans and Nada Yoga (Imagination Tent)

*** Jagadisha Rotella**

12-1pm Zhong Ding and the Six Harmonies

***Greg Johnston**

1-2pm Traditional Chinese Medicine

***Greg Bryson**

2-3pm Tribal Fusion Belly Dance

Kimala Kim